

SEPTEMBER BREAKFAST MENU *

Each Breakfast includes fresh fruit + milk that is rBST-free. Our daily milk offering includes nonfat and 1%.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
			<ul style="list-style-type: none"> •Apple Muffin •Rev O's Cereal •Oatmeal Cereal 	<ul style="list-style-type: none"> •Plain Bagel with Cream Cheese •Lemon Poppy Seed Muffin 					
5	<ul style="list-style-type: none"> •Rev O's Cereal •Triple Berry Revolution Cereal 	6	<ul style="list-style-type: none"> •Plain Bagel with Cream Cheese •Banana Muffin 	7	<ul style="list-style-type: none"> •Sunbutter cup with Celery Sticks •Swheat Honey Puffs Cereal •Oatmeal Cereal 	8	<ul style="list-style-type: none"> •Blueberry Muffin •Cinnamon Raisin Bagel with Cream Cheese 	9	
<ul style="list-style-type: none"> •Swheat Honey Puffs Cereal •Apple Cinna-Grins Cereal 	12	<ul style="list-style-type: none"> •Cinnamon Raisin Bagel with Cream Cheese •Coffee Cake Muffin 	13	<ul style="list-style-type: none"> •Triple Berry Revolution Cereal •Marion Berry Zac Bar 	14	<ul style="list-style-type: none"> •Rev O's Cereal •Apple Cinna-Grins Cereal •Oatmeal Cereal 	15	<ul style="list-style-type: none"> •Plain Bagel with Cream Cheese •Lemon Poppy Seed Muffin 	16
<ul style="list-style-type: none"> •Rev O's Cereal •Triple Berry Revolution Cereal 	19	<ul style="list-style-type: none"> •Banana Muffin •Apple Zac Bar 	20	<ul style="list-style-type: none"> •Plain Bagel with Cream Cheese •Apple Cinna-Grins Cereal 	21	<ul style="list-style-type: none"> •Swheat Honey Puffs Cereal •Sunbutter and Jelly Sandwich •Oatmeal Cereal 	22	<ul style="list-style-type: none"> •Cinnamon Raisin with Cream Cheese •Blueberry Muffin 	23
<ul style="list-style-type: none"> • Apple Cinna-Grins Cereal • Swheat Honey Puffs Cereal 	26	<ul style="list-style-type: none"> • Cinnamon Raisin Bagel with Cream Cheese • Coffee Cake Muffin 	27	<ul style="list-style-type: none"> • Strawberry Zac Bar • Triple Berry Revolution Cereal 	28	<ul style="list-style-type: none"> • Rev O's Cereal • Apple Muffin • Oatmeal Cereal 	29	<ul style="list-style-type: none"> • Plain Bagel with Cream Cheese • Lemon Poppy Seed Muffin 	30

